

# Avalon School of the Arts

12330 James St, Suite D-40, Holland, MI 49424  
616.738.6495

Register online: [www.avalonschoolofthearts.com](http://www.avalonschoolofthearts.com)

Classes begin September 4, 2018 and conclude with the Spring Dance Recital June 7-9, 2019

## Dance Classes

### Dance Combination Classes, ages 2-7

|                             |         |                         |
|-----------------------------|---------|-------------------------|
| Dance for 2-Year-Olds       | age 2-3 | Tuesday 4:15-4:45pm     |
| Dance for 2-Year-Olds       | age 2-3 | Wednesday 10:30-11:00am |
| Dance for 2-Year-Olds       | age 2-3 | Thursday 9:00-9:30am    |
| Dance for 2-Year-Olds       | age 2-3 | Friday 9:00-9:30am      |
| Dance for 2-Year-Olds       | age 2-3 | Friday 9:15-9:45am      |
| Dance for 2-Year-Olds       | age 2-3 | Saturday 9:00-9:30am    |
| Ballet/Acrobatics Combo     | age 3-4 | Tuesday 5:00-5:50pm     |
| Ballet/Acrobatics Combo     | age 3-4 | Friday 9:30-10:20am     |
| Ballet/Tap Combo            | age 3-4 | Wednesday 2:00-2:50pm   |
| Ballet/Tap Combo            | age 3-4 | Thursday 9:30-10:20am   |
| Ballet/Tap Combo            | age 3-4 | Wednesday 4:30-5:20pm   |
| Ballet/Tap Combo            | age 3-4 | Saturday 9:30-10:20am   |
| Kinderballet/Acrobatics     | age 4-6 | Tuesday 5:30-6:20pm     |
| Kinderballet/Tap Combo      | age 4-6 | Wednesday 1:00-1:50pm   |
| Kinderballet/Tap Combo      | age 4-6 | Thursday 10:30-11:20am  |
| Kinderballet/Tap Combo      | age 4-6 | Wednesday 5:30-6:20pm   |
| Kinderballet/Tap Combo      | age 4-6 | Saturday 10:30-11:20am  |
| Kinderballet/Acrobatics/Tap | age 4-6 | Friday 10:00-11:20am    |
| Boys Tap/Tumbling           | age 3-6 | Friday 10:30-11:20am    |
| Primary 1 Ballet/Acro Combo | age 5-7 | Monday 6:30-7:20pm      |
| Primary 1 Ballet/Acro Combo | age 5-7 | Tuesday 6:00-6:50pm     |
| Primary 1 Ballet/Tap Combo  | age 5-7 | Wednesday 6:30-7:20pm   |
| Primary 1 Ballet/Tap Combo  | age 5-7 | Saturday 11:30-12:20pm  |

### Primary Level Ballet, ages 5-11

|                             |          |                       |
|-----------------------------|----------|-----------------------|
| Primary 1 Ballet            | age 5-7  | Thursday 5:30-6:20p   |
| Primary 2 Ballet            | age 6-8  | Monday 6:30-7:20pm    |
| Primary 2 Ballet            | age 6-8  | Thursday 4:30-5:20pm  |
| Primary 2&3 Ballet          | age 7-10 | Saturday 9:00-9:50am  |
| Primary 3 Ballet            | age 7-10 | Wednesday 6:30-7:20pm |
| Primary 4 Ballet/Jazz Combo | age 8-11 | Tuesday 5:30-6:50pm   |
| Primary 4 Ballet            | age 8-11 | Monday 6:30-7:20pm    |
| Primary 4 Ballet            | age 8-11 | Wednesday 4:30-5:20pm |

### Dance for Boys, ages 3+

|                   |         |                      |
|-------------------|---------|----------------------|
| Boys Tap/Tumbling | age 3-6 | Friday 10:30-11:20am |
| Boys Dance Tech A | age 7+  | Weds 6:30-7:20pm     |
| Boys Dance Tech B | age 12+ | Weds 7:30-8:20pm     |

### Modern Dance, ages 10+

|                       |         |                       |
|-----------------------|---------|-----------------------|
| Modern - Beginning    | age 10+ | Thursday 7:00-7:50pm  |
| Modern - Beginning    | age 10+ | Wednesday 7:00-7:50pm |
| Modern - Beginning 2  | age 10+ | Tuesday 4:30-5:20pm   |
| Modern - Intermediate | age 12+ | Thursday 6:00-6:50pm  |
| Modern - Intermediate | age 14+ | Monday 7:30-8:20pm    |
| Modern - Advanced     | age 14+ | Tuesday 6:30-7:30pm   |

### Ballet, ages 9+

|                                |         |                        |
|--------------------------------|---------|------------------------|
| Grade 1 Ballet                 | age 10+ | Monday 4:30-5:50pm     |
| Grade 1 Ballet - EXAM          | age 10+ | Tuesday 4:30-5:50pm    |
| Grade 1 Ballet                 | age 10+ | Wednesday 4:30-5:50pm  |
| Grade 1&2 Ballet               | age 10+ | Saturday 11:30-12:50pm |
| Grade 2 Ballet - EXAM          | age 10+ | Monday 4:30-5:50pm     |
| Grade 2 &3 Ballet              | age 12+ | Thursday 5:30-6:50pm   |
| Grade 3 Ballet - EXAM          | age 12+ | Tuesday 6:30-7:50pm    |
| Grade 3 Ballet                 | age 12+ | Monday 6:00-7:20pm     |
| Grade 3&4 Ballet               | age 12+ | Saturday 10:00-11:20am |
| Grade 4 Ballet                 | age 14+ | Thursday 4:30-5:50pm   |
| Grade 4 Ballet                 | age 14+ | Monday 4:30-5:50pm     |
| Advanced Ballet                | age 14+ | Tuesday 7:30-8:50pm    |
| Advanced Ballet                | age 14+ | Thursday 7:30-8:50pm   |
| Prepointe                      | age 9+  | Monday 6:00-6:30pm     |
| Prepointe                      | age 9+  | Wednesday 5:30-6:00pm  |
| Pointe - Beginning             | age 12+ | Monday 7:30-8:00pm     |
| Pointe - Intermediate          | age 12+ | Monday 6:00-6:30pm     |
| Adult Ballet                   | age 16+ | Monday 7:30-8:20pm     |
| Adult Ballet                   | age 16+ | Wednesday 9:00-9:50am  |
| Beginning Ballet for Teenagers | 12+     | Saturday 10:00-11:20am |

### Tap, ages 6+

|                      |         |                        |
|----------------------|---------|------------------------|
| Tap - Beginning      | age 6+  | Saturday 11:00-11:50pm |
| Tap - Intermediate 1 | age 8+  | Wednesday 6:00-6:50pm  |
| Tap - Intermediate 2 | age 12+ | Wednesday 5:30-6:20pm  |
| Tap - Advanced       | age 12+ | Tuesday 3:30-4:20pm    |

### Jazz and Hip Hop, ages 6+

|                        |          |                        |
|------------------------|----------|------------------------|
| Jazz - Beginning       | age 6-8  | Tuesday 4:30-5:20pm    |
| Jazz - Intermediate 1  | age 8-11 | Thursday 6:30-7:20pm   |
| Jazz - Intermediate 2  | age 12+  | Monday 4:30-5:20pm     |
| Jazz - Advanced        | age 14+  | Tuesday 5:30-6:20pm    |
| Contemporary Jazz      | age 12+  | Saturday 9:00-9:50am   |
| Hip Hop - Beginning 1  | age 7+   | Saturday 10:00-10:50am |
| Hip Hop - Beginning 2  | age 8+   | Monday 5:30-6:20pm     |
| Hip Hop - Intermediate | age 12+  | Monday 6:30-7:20pm     |
| Hip Hop - Advanced     | age 14+  | Monday 7:30-8:20pm     |

### Acrobatics, ages 5+

|                           |        |                       |
|---------------------------|--------|-----------------------|
| Beginning Acrobatics 1    | age 5+ | Monday 4:30-5:20pm    |
| Beginning Acrobatics 2    | age 6+ | Monday 5:30-6:20pm    |
| Beginning Acrobatics 2    | age 6+ | Wednesday 5:30-6:20pm |
| Intermediate Acrobatics 1 | age 7+ | Tuesday 7:00-7:50pm   |
| Intermediate Acrobatics 2 | age 9+ | Monday 6:30-7:50pm    |
| Advanced Acrobatics       | age 8+ | Tuesday 4:00-5:20pm   |

## Musical Theatre, ages 7+

|                           |          |                      |
|---------------------------|----------|----------------------|
| Beginning Musical Theatre | age 7-11 | Monday 5:30-6:20pm   |
| Intermed. Musical Theatre | age 8-12 | Monday 6:30-7:20pm   |
| Advanced Musical Theatre  | age 12+  | Thursday 7:30-8:20pm |

## Strength and Flexibility Classes *for dancers*

|                              |         |                          |
|------------------------------|---------|--------------------------|
| Strength and Flexibility     | age 8+  | Saturday 9:00-9:50am     |
| Strength and Flexibility     | age 8+  | Saturday 11:30am-12:20pm |
| Progressing Ballet Technique | age 10+ | Thursday 4:00-4:30pm     |

## Homeschool Classes

Primary Ballet for Homeschoolers age 6-9 Thursday 11:30am-12:20pm

Homeschoolers are welcome at Avalon in all classes, but we also offer some daytime classes that may work well for the homeschooling schedule. Private lessons are also available in music and dance, please contact us directly for more information.

## Theatre Classes

17 Lessons, September-January

This is for the student who likes hands-on activities and kinesthetic learning. We'll use a variety of theatre activities to develop our skills and help us prepare a short skit. We will present our skit at the end of the semester for our families & friends.

|                             |          |                    |
|-----------------------------|----------|--------------------|
| FUN-damentals of Theatre I  | age 7-12 | Thursday 4:30-5:45 |
| FUN-damentals of Theatre II | age 12+  | Thursday 5:45-7:00 |

## Music in Me

12 weeks Wednesdays 5:00-5:45pm, September 12-December 5  
Fridays 9:30-10:15am, September 14-December 7

In this class children, age 6 months through 5 years, and caregivers explore the universal language of music with instruments, movement, and songs. Early exposure to music in this playful environment positively impacts children's cognitive, social and emotional development. Children observe, sing, dance and play along in this nurturing environment, absorbing musical concepts that lay important groundwork for development of the whole child as well as future music study.

## Yoga with Ami Harju

8-week sessions

Lunchtime Yoga Thursdays 12:00-1:00pm

A fast paced hour of mindful movement. Expect a full practice designed to raise the heart rate and soothe the nervous system. All levels are welcome!

## Private Music Lessons

Guitar, Piano, Violin, Cello, Voice, Music Theory, by arrangement with instructor



**For more information, call 616.738.6495 or email  
info.avalonschoolofthearts@gmail.com**

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